

#### Volunteer your way!

Whatever skills or experience you have to share, however much or little time you have available, there are many ways to volunteer to help us at Ring20!

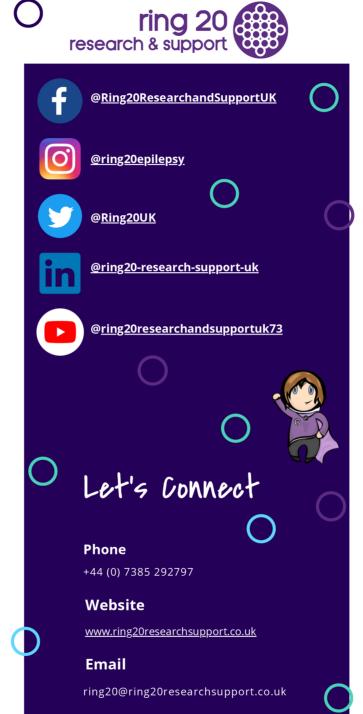
### JOIN THE PING20 TEAM

If you are as enthusiastic and excited for seizing new opportunities and gaining experience as we are, then apply to join us TODAY!

Although we are a small charity we have big goals. Help us achieve our vision to promote research, education and continuous support to end undiagnosed and misdiagnosed Ring20 epilepsy.

If you would like to volunteer then sign up here:

<u>https://ring20researchsupport.co.uk/get-involved/volunteer/</u>





# Volunteer at

Ring20



Information and Support services

Making connections, Supporting families

## Why volunteer

#### Who we are...

Ring20 Research and Support (Ring20) is a patient group supporting families affected by ring chromosome 20 syndrome - r(20) syndrome - a rare form of epilepsy that doesn't respond well to treatment. We are based in the UK, supporting families across the world.

We do not receive any government funding and rely on volunteers to deliver our support services and vital information to families, healthcare professionals and researchers.



#### Do you want to...

- Help other people
- Share your skills
- Learn something new
- Meet new people
- Do something worthwhile
- Develop confidence

#### **Apply to volunteer here:**

https://ring20researchsupport.co.uk/getinvolved/volunteer/

## What impact can I make?

Small charities like Ring20 rely on volunteers in many aspects of their work.

As a volunteer the difference you can make:

- Ensures we can reach even more families
- Gets information to the people that need it, when they need it
- Prevents feelings of isolation in affected families
- Raises awareness of the challenges of living with r(20) to the people who have the power to make change happen
- Puts r(20) firmly on the research agenda



We need your help!
Help us, help more families.
Help us to change lives.

#### How can I help...?

From people skills, to digital/IT, communications to design, events to fundraising, or simply a willingness to get stuck in and learn something new - we have a role for you.

Whatever skills you have, if you can spare a few hours a week, once a month, or even for a short-term project, we would love for you to be part of our team!

## What Our Volunteers Say

"I am very happy to be part of this team because it allows me to improve my skills and at the same time give my contribution to Ring20."

- Kallif



"As a parent/carer 1 feel 1'm doing something positive to help my daughter. 1 spend a couple of hours a month, mainly contributing in meetings and the support groups."

— Yvonne